



## READING FC CONFERENCE & EVENTS

# MEETINGS FOR CHANGE FROM **£45 PER PERSON + VAT**

We recognise the risks posed to the planet from climate change. That's why, as part of our 2027 net zero promise, we have created our 'Meetings for Change' package.

### Package includes:

- Unlimited, **ethically** sourced tea and coffee served throughout the day
- Selection of **seasonal**, fresh, whole fruit
- **Hydration** station
- Delicious, calorie & **carbon footprint** labelled lunch
- Morning & afternoon **refuel** snack
- 70" LED plasma screen
- Complimentary WiFi access
- Room Hire Included
- Event planner to ensure your event runs smoothly
- Onsite car parking available\*, although we do encourage delegates to car share or use public transport wherever possible

To minimise waste and support our sustainability objectives notepads & pens are only available on request.

### Extras

Syndicate rooms | AV packages | Stadium tour | **and much more!**



**T** 0118 968 1333 **E** [enquiries@readingfcevents.co.uk](mailto:enquiries@readingfcevents.co.uk)

[www.readingfcconferenceandevents.co.uk](http://www.readingfcconferenceandevents.co.uk)

Minimum numbers may apply. Subject to availability. Valid on new bookings.  
\*Car parking onsite is limited, please ask us for more information.





# SAMPLE MENU

## ARRIVAL

Unlimited, ethically sourced tea and coffee served throughout the day



Selection of seasonal, fresh, whole fruit



## MORNING SNACK

Blueberry muffin (136 kcals)



## FOR LUNCH

Thai green chicken, coconut rice with sauteed greens and crispy mushrooms (578kcals)



Mushroom, spinach, onion and courgette frittata (252 kcals)



Puy lentil sumac vegetable salad (114 kcals)



Inca tomato salad, horseradish and pine nuts (160 kcals)



Lemon posset with berry compote and shortbread (287 kcals)



## AFTERNOON SNACK

Dark chocolate popcorn bar (102 kcals)



## WHY NOT UPGRADE?

PLEASE ASK US FOR MORE INFORMATION.



**Low**  
0.1-0.5 kg CO<sub>2</sub>e

Choose meals with a low climate impact to eat within the planetary boundaries and contribute to reducing emissions from food in line with UN's climate goals.



**Medium**  
0.6-1.5 kg CO<sub>2</sub>e

Meals with a medium climate impact have a carbon footprint comparable to the average lunch or dinner in the UK today, which is roughly 1.6 kg CO<sub>2</sub>e.



**High**  
1.6+ kg CO<sub>2</sub>e

Meals with a high climate impact have a higher carbon footprint than the average lunch or dinner in the UK.



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In the UK today, an average lunch or dinner has a carbon footprint of approximately 1.6kg CO<sub>2</sub>e. An adult needs an average of 2000 kcals a day. We cannot guarantee that any of our products are allergen free due to being produced in a kitchen that contains allergens. Events at our venue are operated by Levy UK & Ireland, sister company to Lime Venue Portfolio and part of Compass Group UK & Ireland.